

ZooBookKoo

Helping you to help your children

10 Top Quick Tips for Travelling (downloads below):

These tips are designed to help parents develop a positive attitude towards travelling and holidays for their primary school children (our tips are in addition to the usual sudocream, UV protection, antiseptic wipes, calpol sachets, insect bite cream, plasters...)

ZooBookKoo has many years of experience researching and designing [educational toys and games](#)

- 1. Pack a backpack**
- 2. Sensible supplies**
- 3. Busy bees**
- 4. Compact outdoor games**
- 5. Postcard project**
- 6. Good book**
- 7. Camera crazy**
- 8. Scrapbook souvenirs**
- 9. Wrist band safety**
- 10. Participation**

1. Pack a backpack

Discuss in advance what your child might need or want to take. Write a list together (sneaky literacy practise) and pack a ruck sack prior to the journey. Encourage them to think of packing a bottle of water, pocket packs of tissues and wetwipes, hat, suntan lotion (if sunny), things to do, games to play... Don't forget your child's favourite teddy or blanket... Packing a rucksack build suspense and excitement about your journey but it is also excellent training for all those future Scout and Brownie camps when they can pack for themselves

2. Supplies

Stick to water, raisins, fruit, cereal bars. Perhaps a sweet treat at certain milestones in your journey but avoid hyper-activity inducing additives found in sweets and drinks

3. Busy bees

Keep the children distracted and interested with portable games and activities. These may be their favourite electronic games (in small doses) but remember batteries and chargers. Travel games such as write-on/wipe-off activities, [dice games](#), magnetic games and activity books. Remember a lap tray to lean on. It is also handy to have a

selection of games up your sleeve that require no bits and bobs. We have compiled a few for you - print it off and keep a copy in your handbag and in the glove compartment. Story and song CDs can be good fun

4. Compact outdoor games

There is so much fun to be had with an inflatable or a small foam ball. Other games include kite, bat and ball, skipping rope, frisbee...

5. Postcards

Enjoy choosing and writing (or draw and colour pictures on) postcards to send home to relatives, teachers and neighbours. Print out their addresses on self-adhesive labels before your journey. Do not leave this until the end of the holiday or it may become a chore. Work at this project during the holiday.

6. Good book

Try to train your child to enjoy quiet time on holiday too, when you want to curl up with your book and they curl up with theirs. This could be a story book, a picture book or an activity colouring book (dot-to-dot etc)

7. Camera

Treat your child to a disposable camera or an old point and shoot camera - or a digital one you don't mind losing! They could keep it in their rucksack. Encourage them to take photos to remind them of their travels

8. Scrapbook souvenirs

Buy a scrapbook before the holidays and some pritstick or selotape. The child can keep these in their rucksack. Collect souvenirs such as entry tickets, beer mats, menus, flyers to stick in during their travels. Encourage them to write some thoughts or funny stories or colour pictures to remind them of these

9. Wrist band

Treat your child to a colourful rubber wrist band and agree that your mobile telephone number is written on it inside in permanent marker pen. Discuss with your child how important it is that they stay beside you at all times without exception. Try not to stress the 'getting lost' issue and clarify that the telephone number is there in case of emergencies. The number should not be shown to other children or adults in a general sense - it is only for emergencies

10. Participation

For you to enjoy a relaxing journey or holiday, your child needs to be safely occupied and busy. This takes energy on your part (sometimes quite a lot) but hopefully you will be able to cherish chilled out chunks of time as you perfect the technique of keeping the children

'entertained'

Helpful bits and bobs for travelling:

- 10 Top Tips for Travelling - printable version
 - [10 Games on the go](#)
 - o [Dice games](#)
 - o Card games
 - o [Travel lotto](#) (download - print a sheet for each player)
 - [Educational toys and games](#) plate of your choice. Longest word wins, or you may say first person to make five words from different number plates wins
1. **Odd or Even:** We are looking at only the last number of a number plate. One team (player) must spot the odd numbers and the other team (player) must spot the even numbers. Shout them out when you spot them and winner, count on your fingers how many you spot, winner is first to spot 10 of their odd or even numbers

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- o [Card games](#)
- o [Magnetic games](#)
- o [10 Top Tips for Travelling](#)
- [Educational toys and games](#)